

MEN AND ABORTION

These words are rarely heard together but they identify a real issue that needs to be addressed. Our society has acknowledged the effects of post-abortion stress on women and there are many recovery resources available to them. However, this is not the case for men. For most men, admitting their feelings after an abortion experience can be difficult. They may not even be aware that the symptoms they are experiencing are related to abortion. If you are a post-abortion father, you may be suffering from one or more of the following symptoms:



- | | |
|--|--|
| <input type="checkbox"/> Excessive anger | <input type="checkbox"/> Promiscuity |
| <input type="checkbox"/> Anger toward self | <input type="checkbox"/> Impotence |
| <input type="checkbox"/> Helplessness | <input type="checkbox"/> Trouble communicating |
| <input type="checkbox"/> Confusion | <input type="checkbox"/> Lack of trust for women |
| <input type="checkbox"/> Anxiety | <input type="checkbox"/> Sadness / Depression |
| <input type="checkbox"/> Insomnia | <input type="checkbox"/> Guilt |
| <input type="checkbox"/> Nightmares | <input type="checkbox"/> Risk-taking behaviors |
| <input type="checkbox"/> Lack of concentration | <input type="checkbox"/> Alcohol / drug abuse |
| <input type="checkbox"/> Worrying | <input type="checkbox"/> Avoidance of children |
| <input type="checkbox"/> Isolation | <input type="checkbox"/> Suicidal tendencies |

Whether your experience occurred yesterday or 20 years ago, and whether you were part of the decision making process or not, your feelings are completely justified. And with over 3,500 abortions occurring every day, you are also not alone.

In order to address this issue, a new Bible study for post-abortion men will be starting soon. This unique study will help you identify your emotions, learn how to control them, overcome your grief, find closure, and restore your confidence and sense of purpose.

If you or someone you love would benefit from this study, please contact our office at the number below. The group facilitator will then call you to discuss this upcoming study in more detail with you.

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